



BY MARIE ELENA MARTINEZ Special to Newsday

design, New York is made for walking. From Times Square to Tompkins Square, Central Park to Battery Park, the Bronx to Brooklyn, New Yorkers are constantly in motion. Ask any of the city's 8 million residents and they'll tell you that the best way to get to know New York's hidden alleyways, secret storefronts and illustrious past is to walk around and discover them on your own.

With autumn approaching, there's no better time to take advantage of New York on foot. Whether you want to sample culinary treats, learn

ON THE COVER Elizabeth Pillsbury leads a Big Onion tour of the Brooklyn Bridge and Brooklyn Heights.

TOURS THAT ARE ANYTHING BUT PEDESTRIAN

New York history, navigate the art or music scene or merely shop, these 10 guided walking tours help you make the most of the Big Apple.

CROSSTOWN PIZZA WALK

There are few foods more closely associated with New York than pizza. Just ask Scott

Weiner, pizza fanatic and energetic narrator of one of New York's most popular food tours. With a focus on the history of the New York slice, Weiner begins the Crosstown Pizza Walk at the East Village location of Lombardi's, America's oldest pizzeria. After a peek in the oven and taste of the goods, Weiner steers guests on a hike to

Greenwich Village that includes stops at three famous shops for hot-from-the-oven samples. Weiner also offers a Greenwich Village Pizza Walk.

LENGTH 3 hours WHEN Mondays, Wednesdays, Fridays and Saturdays at

INFO \$35 (includes three slices), scottspizza tours.com

EAST VILLAGE ROCK TOUR

"Let's take a walk," says former music executive Bobby Pinn, as we kick off a tour at the St. Marks Place condo where Joey Ramone (aka Jeff Hyman) once lived. Pinn, the able and easygoing guide of Rock Junket's East Village Rock Tour, chronicles how the A slice of center, lea of pizza e



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READER TIP

I have done three walking tours — Grand Central Terminal, East Village and Greenwich Village — with Joyce Gold History Tours of New York (212-242-5762, joycegoldhistorytours.com). Tours lasted about two hours, and they were doable for people of various ages. The tours are a good value for the money. They also whet one's appetite for more — we have subsequently returned to the various areas on our own for more investigating.

- LINDA R. KAY, KINGS PARK



Try some betel nut on Myra Alperson's Noshwalk tour of South Asian Jackson Heights.

weekends at 11 a.m. **INFO** \$29, 646-515-7874, rockjunket.com

BROOKLYN BRIDGE AND BROOKLYN HEIGHTS TOUR

Most New York bucket lists include a walk across the Brooklyn Bridge. And Big Onion Walking Tours, a programming partner of the Brooklyn Historical Society, is the company to seek out if you're craving historical narration during that picturesque trek. Offered at midday and sunset, the tour begins at Broadway and Chambers Street in Manhattan and finishes in fabled Brooklyn Heights, the stamping ground of literary legends such as Walt Whitman and Norman Mailer. Big Onion tours are offered daily through many other Manhattan and Brooklyn enclaves, too.

LENGTH 2½ hours **WHEN** Times vary **INFO** \$18, 888-606-9255, bigonion.com

4 ART GALLERY TOUR

With more than 600 galleries around the city, the New York art scene can feel intimi-

dating to the uninitiated. New York Gallery Tours makes contemporary art accessible by guiding visitors to buzzworthy exhibits and popular galleries that highlight painting, sculpture, electronic media and photography by both American and international artists. Covering galleryspecific neighborhoods like Chelsea, the Lower East Side, SoHo, midtown and the Upper East Side, this is the way to dip your toe into the elite world of fine art. LENGTH 2½ hours WHEN Saturdays at 1 p.m. INFO \$20 (\$5 discount by email request: tours@nygallerytours.com), 212-946-1548, nygallerytours.com

NOSHWALKS

No matter what neighborhood you find yourself in, guide Myra Alperson knows what and where to eat. On a recent Sunday afternoon, hungry walkers wandered the Sephardic Jewish neighborhood of Kings Highway in Brooklyn, sampling warm pita bread from a kosher bakery and nibbling delicious cheesestuffed pastries called bourekas. Alperson offers 35 tours across the five boroughs; upcoming noshwalks explore

See TOURS on D6



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Have a tea party at historic Fraunces Tavern on the Patriot Tour of Lower Manhattan.



Shop Gotham Walks lead tour guests to deals they might not be able to find otherwise.

Walking tours, from rock to revolution

TOURS from D5

South Asian Jackson Heights, Brighton Beach and Washington Heights.

WHEN Times vary **LENGTH** 3-4 hours, depending on tour

INFO \$49 (beverages not included), 212-222-2243, noshwalks.com

CENTRAL PARK MOVIE TOUR

Central Park has often played a minor character in films, from "Hair" to "Home Alone 2." Led, appropriately, by actors, the Central Park Movie Tour offers a chance to see where your favorite scenes were shot, and familiarize yourself with many of the park's landmarks, such as the lake (seen in "The Manchurian Candidate"), the Bandshell ("Breakfast at Tiffany's"), the Bow Bridge ("Manhattan") and Columbus Circle ("Taxi Driver"). The tour company, On Location, also offers "Sex and the City," "Sopranos" and "Gossip Girl" tours. **LENGTH** 2 hours

WHEN Fridays and Saturdays

INFO \$23, 212-683-2027. screentours.com

STRAY BOOTS INTERACTIVE TOUR

Part walking tour, part scavenger hunt, a Stray Boots adventure is great for both kids and adults. Using text message technology to send clues to a designated mobile phone, the tour guides participants through one of 10 city zones, including Times Square, Rockefeller Center, Harlem and Wall Street (with a Brooklyn tour debuting soon). Created to adapt to player pacing, each correctly answered clue is rewarded with a city fact. A Times Square hunt took players to the Toys R Us store, the Hard Rock Café, the Winter Garden Theater and Sardi's. WHEN No set time **LENGTH** Untimed **INFO** \$20, 877-787-2929, strayboots.com

GREENWICH S VILLAGE LITERARY **PUB CRAWL**

Curious about the antics of

authors like Dylan Thomas, Edna St. Vincent Millay and Jack Kerouac? You're in luck; New York is awash in historical drunken debauchery. Through a mapped route in the West Village, with stops at spots like White Horse Tavern, Kettle of Fish, Stonewall Inn and Marie's Crisis, you'll learn the wayward ways of New York City's literati. All proceeds benefit the Bakerloo Theater Project, and volunteer guides enhance the experience with readings by featured authors. Adults only WHEN Saturdays at 2 p.m. **LENGTH** 3-3½ hours INFO \$20 (drinks not included), 212-613-5796,

SHOP GOTHAM WALK

bakerloo.org/pub-crawl.html

Tired of paying retail for the latest runway trend? Want to go behind the scenes in the fashion world? Shop Gotham Walks take guests on a spree to private women's wear showrooms inaccessible to the public and daily sample sales where discounts of up to 70 percent off store prices can be had. Though each day is different, a recent tour began at a

Vivienne Tam sample sale, and then featured an array of showrooms highlighting jewelry, outerwear, trendy fashions and classic wardrobe staples. Tours for men, teens and special occasions also can be booked. WHEN Wednesday and Fridays at 10 a.m. **LENGTH 3 hours**

INFO \$66 (plus spending money), 917-599-6650, shopgotham.com

REVOLUTIONARY **WAR HISTORY TOUR**

From the inception of the colonists' rebellion to George Washington's inauguration at Federal Hall in 1789, New York City played a major role in America's war for independence. Beginning at City Hall and winding through lower Manhattan, Patriot Tours stops include Fraunces Tavern, where the original tea parties were planned; Trinity Church, where Revolutionary notables such as Albert Gallatin and Alexander Hamilton are buried; and Battery Park. Ideal for history buffs, the guides use broadsides and newspapers to provide historical context at various stops.

WHEN Daily (except Sunday); times vary

LENGTH 2½ hours **INFO** \$25, 917-716-4908, patriottoursnyc.com

Adam Wagner and Tom Beer contributed to this story.

BE A TOUR GUIDE

Want to narrate your own walking tour of the Bronx Zoo? Your favorite restaurants in Chinatown? **Locacious**, a cool, new iPhone travel app, allows people to create, share and download tour experiences from all over the world. Once a walking tour is recorded, it becomes available for public consumption. Free on iTunes or at locacious.net.